

A Toolkit for Assessing Caesarean Section Rates

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High Impact Actions for Nursing and Midwifery



High Impact Actions

❖ Promoting Normal Birth

Action

Increase the normal birth rate and eliminate unnecessary caesarean sections through midwives taking the lead role in the care of normal pregnancy and labour

Caesarean section toolkit – focus on normal birth

Pathways to success

- Top Ten Characteristics
- Keeping first pregnancy and labour normal
- Vaginal Birth After Caesarean Section (VBAC)
- Elective Caesarean section
- Organisational change



Organisational Change

- **Weekly meetings:**
 - incident review
 - caesarean section
 - assisted delivery
- **SBAR**
 - Formalised handover of care
- **Normalising birth**
- **Learning from other hospitals**



Where are we now

- **Caesarean section rate 22-24%**
- **Improved patient experience**
- **Fewer complaints**
- **Reduced length of stay**
- **Normal birth rooms**
- **Improved staff satisfaction**





Blackpool, Fylde and Wyre Hospitals **NHS**
NHS Foundation Trust

Some comments from mother's

- 'Standing up to give birth just felt right'
- 'I know we were in hospital but all the family have been involved'
- 'The midwives suggested to get into the most comfortable position'

